

# Flipped Classroom

### Cognitive architecture and information processing



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## Cognitive theories: memory



Working memory has a limited duration and capacity

- Time span: in the range of seconds
- Memory span: "The Magical Number Seven, Plus or Minus Two".

Long-term memory has 'unlimited' duration and capacity

• Memories fade however when no refreshment takes place

Connection:

- Synaptic consolidation: engrams or memory traces are fixed in long-term memory
- ,Retrieval', the recall of memories in the working memory is necessary for the application of knowledge.

## Cognitive theories: multimedia learning

#### Images



### Multimedia information processing

- Dual channels: visual and auditory information are processed in separate systems
- Each channel has a limited capacity

## Cognitive theories: multimedia learning

Images



### Processing is an active process

- Selection and organisation of incoming images and words
- Integration of pictorial and verbal representation with the help of prior knowledge



#### Image



## Cognitive Load

Images



### Reduce load by:

• 'Off-Loading': distribute info over both channels (modality effect)



#### Video with wealth of information



## Cognitive Load

#### Video with wealth of information



### Reduce load by:

- 'Segmenting': short video segments, indexing, playback control
- 'Signaling': Emphasise important information with text (keywords), symbols (arrows) or change of colour or contrast.



#### Video with wealth of information



## Cognitive Load

#### Video with wealth of information



### Reduce load by:

 'Weeding': leave unnecessary information out, adapt information precisely to the user group

### Literatur

• Mayer, R. E., & Moreno, R. (2003). Nine ways to reduce cognitive load in multimedia learning. *Educational Psychologist, 38*(1), 43-52.